

# Learn how to cook

**Qualification:** Award **Subject Area:** Catering and Hospitality **Level:** 1 **Duration**  
: 10 weeks **Attendance details:** Part Time, Short Course **Location:** City Campus  
**Award to be received:** L1 Award in occupational studies

## Course Information

### Who is this course for?

This course is for anyone who always wished they could cook but can't! Maybe you've never had to cook before and now you do or maybe you're just fed up with takeaways and microwave meals. Whatever your reason, now is the perfect time to learn how to cook!

### What do you need to apply for the course?

A positive attitude and loads of enthusiasm. You will also need sensible shoes and an apron each week. We can provide an apron for you for a charge if you don't have one.

### What are the key things you'll learn?

You will learn a selection of both sweet and savory dishes along with tips and advise on how to keep things simple. Curries, basic pastry, how to do the perfect roast and tips on cooking pasta, veggies and more.

### How will you learn?

This is primarily a practical course although there is a small portfolio of evidenced required covering things like food safety, health and safety, personal hygiene and basic cooking techniques.

### Where could this course take you?

The course could lead to one of our full time programmes starting in autumn 2019.

## What costs will you incur?

There will be a small charge each week for the food you've made. The amount will depend on what has been covered. There may also be a charge for an apron if you don't provide your own.