

Foundation Degree (FdA) Counselling

Qualification: Foundation Degree **Subject Area:** Counselling **Level:** 5
Duration: 2 Years **Attendance details:** Part Time, Higher Education **Location:**
Washington **Award to be received:** Foundation degree (FdA) Counselling
Regulatory Body: University of Sunderland

Course Information

Who is this course for?

This programme is run in partnership with the University of Sunderland, the qualification you will receive is awarded by the University of Sunderland.

This course is for people looking to pursue a professional qualification in counselling that will allow them to progress towards full accreditation as a counselling practitioner.

What do you need to apply for the course?

- Level 3 Certificate in Counselling
- GCSE grade C or above (or equivalent qualifications) in Mathematics and English. If you have studied for a GCSE which has a numerical grade then you will need to achieve a grade 4 or above.

You would normally be in voluntary or paid work as a Counsellor or undertaking (or about to undertake) paid or voluntary work in a setting which will allow you to practice counselling skills. You may also be required to attend an interview

There is a course requirement stipulating that all students need to acquire student

membership of the BACP at own cost prior to beginning counselling practice in a placements. Prospective students are advised to consult the BACP for the latest information on student membership.

What are the key things you'll learn?

Modules on this course include:

Year 1

- Personal Development
- Counselling Skills Practice & Development
- Professional Issues
- Core Model of Counselling
- Comparative Models of Counselling

Year 2

- Personal Development 2
- Supervised Counselling Practice
- Counselling Research
- Contemporary Issues in Counselling

For full programme details please see University of Sunderland programme by [clicking here](#).

How will you learn?

Teaching methods include seminars, group work, presentations, debates, and observed counselling skills practice. Assessment will be by essays, reports and presentations. You will also be required to complete a work placement of a minimum of 100 hours supervised counselling practice.

Where could this course take you?

There is a natural progression route from this Foundation Degree to the Counselling (Top-Up) course at the University of Sunderland for a full BA (Hons) Counselling.

There is a growing demand for counsellors to work in the health sector, voluntary and community sector and in private practice. Counselling careers include educational counselling (where you help deal with difficulties in learning and social adjustment), forensic counselling (where you become an expert in psychological issues associated with criminal behaviours), and clinical counselling (where you deal with mental and physical health problems).

What costs will you incur?

2018/19 Tuition fees: £5,500 per year

Students are required to become student members of the British Association for Counselling and Psychotherapy (BACP) before they start their work placement (cost is £78 from 1st April'16)

Other course costs: Printing for your course – you will receive £30 credit for printing which will be paid in three instalments of £10 per term. Any printing requirements in excess of this can be purchased.

Purchasing of course texts is optional. You will have full free access to Sunderland College Learning Centre books, journals and internet and computer use and The Murray Library at University of Sunderland.

You will be expected to provide your own pens, paper, and folders.

In the second year of the course, students must undertake a placement with a counselling agency. If the counselling placement provider cannot supply an appropriate supervisor, it is the responsibility of the student to identify a suitable supervisor and also pay for any fees charged for this service.

This information was correct at the time of publication, however the Government is currently discussing future fee levels; once any changes have been announced and formalised we will update our website accordingly.